



Skin Needling is designed to help with Scar Reduction Therapy and also Collagen induction therapy. It works with micro needles to break through the scar tissue within the skin too stimulate new cell turnover. The body goes into a wound healing response after stimulating all the cells in the deeper layers of the skin which then sends all the cells (like pac men) to the area, this creates new collagen, elastin and overall new cell life. This treatment is very clinical and a sterile environment is required to perform the treatment, the skin is topically numbed prior too the treatment which generally takes 1.5-2hours in total. Aftercare is a must and downtime is about 7-10 days (playing it safe) this treatment requires a course, generally 4-6 treatments 4 weeks apart. Collagen stimulation happens over a longer period of time. Initially you will see an overall fresh and clearer complexion, but over a period of 6-12 months is when you will see full term results. Any skin type is suitable to have the treatment done, as long as you don't Keloid Scar or suffer from any inflammatory skin conditions such as Rosacea, as it aggravates inflammation within the skin.

Skin redness: This is a completely normal reaction to skin needling (looks like mild sunburn) and usually disappears within a few hours - *in most cases the skin will be back to normal by the following morning*. Depending on what you are treating, if the depth of the needle is higher or you are treating scarring for example, some redness may still be visible the next day. If this applies to you and you are concerned about having the treatment done during work hours, having this done at the end of the week is the best option, so you have the weekend to relax & give your skin time to recover before you go back to work on Monday. You can also cover any redness with a tinted moisturizer or mineral makeup.

Dry/flaky or rough skin: This is a very common, harmless side effect of dermapen treatment, especially when using longer needle lengths and/or using firm pressure whilst needling. It will last a few days at most and is nothing to worry about as it is simply the skin renewing itself. It is recommended to have a microdermabrasion 7-10m days post to help shift and dead cell material – this will be included in any package purchased for skin needling.

Inflammation: This may sometimes occur in individuals with sensitive skin, especially when using longer needle lengths and/or using firm pressure whilst needling, but should resolve itself after a few hours. You should only experience a temporary reddening on the skin which will last a few hours post the treatment, some dryness of the skin and mild inflammation.

Sun sensitivity: Your skin will be more sensitive to the sun for a few days after dermapen. This is easily managed by avoiding direct sun exposure for a few days following a dermapen treatment and by protecting the skin with sunscreen between treatments.

