

Anti-Wrinkle Injection Post - Treatment Guide

- For the first hour after your anti-wrinkle treatment contract the muscles that have been treated by either frowning, raising your eyebrows and smiling etc. Do 10 of these exercises every 10 min for one hour only
- Avoid applying pressure or massaging the treated areas for 2 days. This includes treatments such as massages, beauty treatments & facials. This may disperse the product into surrounding muscles that do not require treatment resulting in e.g. eyelid droop etc.
- Do not do any strenuous exercise that may cause excessive sweating for 2 days. This can metabolize the product at a faster rate than desired therefore result may not be as effective.
- Avoid lying down for 4 hours after treatment as this can cause pressure on the treated areas.
- Redness might be present and last up to several hours immediately after treatment - If you have any bruising or swelling you can gently apply a cool compress.
- Avoid any blood thinning medications and alcohol after treatment to reduce the chances of bruising. Paracetamol (Panadol) is okay to take if you require pain relief
- Treat your skin gently for the next 2 days. Wash with a gentle cleanser and cool water using your hands only. Pat the areas dry and never rub towards your eyes. You can apply and wear makeup, however apply the makeup very gently for the next 2 days.
- The results of your treatment may take up to 14 - 21 days to take full effect although many people will start to see the effect at 3 to 5 days after treatment.
- Anti-wrinkle injections give a temporary result. In most people the wrinkle reduction will last around 3 to 4 months. You may start to see a few wrinkles returning in 2 to 3 months. In the majority of people regular, successive treatments, increases the effectiveness of the anti-wrinkle product we use and results will last longer.

If you have any concerns please contact us – rejuvecc@gmail.com or telephone 0411 110 818