

# Pre-Treatment Guide

## Anti-Wrinkle & Dermal Filler Injection

**It is important to read & understand pre / post treatment info before any treatments are performed**

- RejuveU® Cosmetic Injectables only uses safe, proven high quality products for all anti-wrinkle & Dermal Filler treatments.
- Avoid sun exposure prior to treatment. Sunburned skin cannot be treated.
- It is highly recommended that a 2 week gap (pre & post treatments) should be allowed if you have received any vaccines
- Stop taking any medications (including natural therapies such as Fish Oil) that contain aspirin, ibuprofen and other similar products that may thin the blood 5 to 7 days before your procedure.
- Notify your treating practitioner if you are taking a blood thinning medication such as Warfarin. Always check with your doctor / treating practitioner before ceasing any prescription medications.
- Do not schedule important social or work activities, such as meetings etc immediately after your procedure. Most clients do not have any adverse effects; however, bruising / redness could occur.
- Plan your treatment in advance. If you have an important event such as a wedding, it is advisable to have your treatment done 2 - 4 weeks prior to the event.
- Do your daily workout at least 2 hours before your appointment.
- On the day of treatment inform your consultant of any changes to your medications / medical history or if you are a smoker
- Please advise us if you are trying to conceive, pregnant or breastfeeding as you may not be suitable for injectable treatments
- If there is an infection or any active inflammatory process (such as severe acne) at the proposed treatment sites, then you may not be able to have treatment that day
- Several injections may be necessary for your treatment. RejuveU® uses Dermal Fillers containing local anaesthetic to help alleviate discomfort.
- Please advise your injector if you have allergies to local anaesthetic
- After treatment there may be moderate to severe swelling, some redness and possible bruising. These symptoms should resolve in 7 - 14 days.

### Lip Treatments

- To minimize discomfort for this treatment we recommend that you apply a thick layer of numbing cream such as Emla or Numit 30 -40 mins prior to your appt. (Do not rub in)
- You may also take 2 Panadol (not Nurofen) at the same time of applying numbing cream
- You must refrain from smoking, drinking from bottles / straws etc for 48 hr post treatment
- Please bring Pawpaw ointment to your appt for aftercare of lips